

MARKET SECTION AND HOUSEWIVES' SHOPPING GUIDE

BETTER HOMES IN AMERICA

There are twenty million women in America whose work lies in their homes. It is to help these women that the Better Homes Campaign has been organized and is being carried on. For fifty years The Delinicator has been a magazine for women—a service magazine.

It is natural, then, that The Delinicator should have offered its assistance in this campaign. It was at the request of the Editor of The Delinicator that October ninth to fourteenth was set aside by the governors of more than half the States as Better Homes Week.

In every state in the Union there are groups of women who are dedicating themselves to the development of Better Homes demonstrations. Small houses, not less than six nor more than eight rooms, which were built this year were loaned by their owners to the committees of women who had made records in public work during and since the war. Very great credit is due these pioneers who, in the brief time allowed for the organization this year, carried through successful campaigns. We believe that next year will see every town profit by a Better Homes Week.

HOW TO CLEAN THE CHIMNEY

The first rule for efficient heating is a clean chimney, flue, boiler tubes and furnace passages. The United States Fuel Administration estimated that dirty flues waste one-tenth of the coal burned.

Besides this waste, sooty chimneys are a very great fire hazard. The chimney should be cleaned once a year, or if soft coal is burned, oftener. An expert heater man will do it satisfactorily and thoroughly, and the saving in fuel will more than pay for his services.

Never purposely burn out a chimney. This is extremely dangerous and, in addition, is likely to injure the chimney lining.

One simple method of cleaning chimneys, boiler tubes and furnace passages is the burning of salt.

The fire should be brisk, with a plenty of hot fuel. A pound of salt is then scattered over the burning

Snowdrift, 8s.....\$1.45

* Snowdrift, 4s.....74c

Sugar.....8 1/2c

Lily Milk, 1 doz.....\$1.25

Sego Milk, 1 doz.....\$1.25

Fresh Eggs, 1 doz.....40c

Fresh Eggs, 3 doz.....\$1.15

Cranberries, lb.....20c

And a full line of
Fresh Fruits, Vegetables

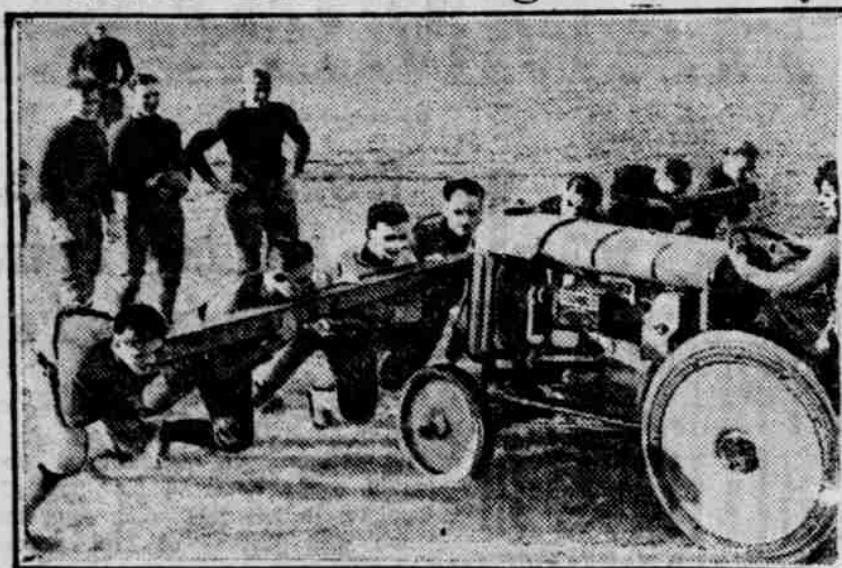
George's Grocery

42 MAIN STREET

PHONE 110

WE SELL
SKINNER'S
The Superior
MACARONI-SPAGHETTI
and Pure EGG NOODLES

Worse Than Hitting the Line



When this tractor went up against the scrimmage line of California Varsity, the demonstrator thought the machine would make its foes look weak. But they not only held the tractor but finally "threw" it for a loss.

The inhabitant of Lapland are the shortest people in Europe.

fuel. The dampers should be kept open to maintain the full heat until the fumes entirely disappear. (This usually takes about a half an hour.) The soot is disintegrated by the action of the salt fumes. This method does not injure either brick work or metal.

It is best to shut registers during the cleaning—From the November's Delinicator.

Delicious Raisin Bread

Phone your grocer or a neighborhood bake shop for a loaf of *real, full-fruited* raisin bread. Bakers everywhere are now making just the kind you like.

Generously filled with luscious fruit meats—at least eight tempting raisins to the slice.

Try it. See how good it is.

First-class bakers make it with

Sun-Maid Seeded Raisins

the best raisins for bread, and all home cooking uses.

Find Your Iron Today!

YOU SAVE ON MEATS IF YOU BUY AT

Frank's Market

FRANK UNDERSOLLS THEM ALL

Any cut Shoulder Beef, cut to any size Roast, lb.....10c
3 lbs. Rib Stew.....25c
2 lbs. Boneless Beef Stew.....25c
Boneless Rolled Roast, lb.....12 1/2c
Any cut Rump Roast, lb.....18c
Sirloin Beef Roast, lb.....22 1/2c
2 lbs. Fresh Ground Hamburger.....25c
Libby's Jelly, glass.....15c
Pineapple, gallon can.....90c
4 bars C. & P. Naphtha Soap.....25c
10 lbs. Fresh Corn Meal.....35c
Wilson Laurel Skinned Ham, whole or half, lb.....32 1/2c
Fresh Roasted and Ground Coffee, lb.....30c
24 lbs. Star Flour.....90c
4 lbs. Red Permain or Bellefleur Apples.....25c
Sweet Potatoes, lb.....05c
Dry Onions, White or Yellow, lb.....05c
Watermelons, lb.....02 1/2c

For More Eggs and Healthier Hens—FRESH GROUND BONE, 3 lbs.....25c

OPP. WARREN LAUNDRY PHONE 841

ETIQUETTE QUESTIONS AND ANSWERS ON VISITING

Q—Should one fee that maids in the house on leaving when one has been visiting?

A—It is quite customary to do this to the one who has given you the most service.

Q—Is it rude to withdraw to one's own room while visiting?

A—Not only is it not rude but the tactful guest should realize that a family might like to have a little time to themselves to discuss or plan for purely family matters.

Q—May a host accept an invitation to take a meal with friends while she has a guest?

A—Never, unless the guest has some project that takes her away for that meal.

Q—If a person receives a regret for an invitation on the ground that the people invited have a guest with them, does the would-be-hostess feel obliged to reissue the invitation including the guest with them?

A—She is certainly not obliged to

Kemal and Ismet Review Troops



Mustapha Kemal Pasha, Turkish Nationalist leader, followed by Ismet Pasha, his representative at the Mudania armistice conference, reviews his troops in the fighting zone. Exclusive picture from official Turkish sources.

do so, for her arrangements may be such that she can not add to the number she originally planned for. However, it is a graceful act to extend the invitation, when convenient, to include the guest. In these days of informality such adjustments are usually made over the telephone.

The custom of wearing rings upon the thumb prevailed in England until the close of the eighteenth century.



The Original Food-Drink for All Ages. Quick Lunch at Home, Office, Fountain. Rich Milk, Malted Grain Extract in Powder & Tablet Form. Nourishing—No Cooking. Avoid Imitations and Substitutes.

AT THE Self-Service Stores

FRESH PULLET EGGS, Dozen.....39c

ARIZONA BUTTER, Pound.....51c

WHITE NAPHTHA SOAP, Bar.....05c

SPAGHETTI, Large Package.....11c

TOMATO SOUP, Can.....11c

JONATHAN APPLES, Box.....\$3.00

GRAPES, Pound.....12c

APPLE CIDER, Gallon.....95c

KARO SYRUP, 10 Pounds.....65c

DIAMOND M FLOUR, 24 Pounds.....\$1.11

SNOWDRIFT, 8 Pounds.....\$1.46

MONARCH COFFEE, 3 Pounds.....\$1.17

SODA CRACKERS, Pound.....16c

JAM, 13 Ounces.....21c

For those who do not care to carry groceries, Mr. Clark Marshall, at 74 Main St., has arranged to deliver to any part of the city at the reasonable rate of 25 cents per 100 pounds. If you wish to have your parcels delivered, kindly leave word with the cashier at the

Phelps & Co. Self-Service Store

For Genuine Economy and More Real Wholesome Food Value for Your Money, Buy—

Cottage Bread

The big 28-ounce loaf for.....15c

Remember, we bake Graham, Rye, Raisin, and Whole Wheat Bread fresh every day

If you want the very best in bakery goods, insist that they are from the

CALIFORNIA BAKERY

WE SELL MALT SYRUP

Fresh Fruits and Vegetables

At Prices That Are Right

Tomatoes Cabbage
Lettuce Beans
Spinach Cucumbers
Turnips Carrots
Green Onions Radishes
Pears Bananas
Tokay Grapes Apples

We Deliver to All Parts of the District

C. BUGEN & BROTHER

206 Naco Road Phone 193

"Bread Is Your Best Food"

Eat More of It!

KREAM KRUST CARNATION BREAD 10c—3 loaves 25c

COTTAGE BREAD 28 oz. loaf 15c

WHOLE WHEAT BREAD 10c per loaf

RYE BREAD 24 oz. loaf 15c

Order City Bakery Bread from your grocer, or phone us for special orders.

CITY BAKERY

PHONE 766

Steven's Grocery

ALLEN BLOCK

PHONE 825

We Solicit and Deliver

Good quality Groceries delivered to your door at a fair price

We offer the BEST

Our price is RIGHT

Lipton's Tea
Folger's Tea
Ridgeway's Tea
Hills Bros. Tea
Gold Medal Flour
Diamond M Flour

SWANSDOWN FLOUR

Hills Bros. Coffee
Folger's Coffee
M. J. B. Coffee

Heinz 57 Varieties

Nucoa

The best substitute for Butter

Sunshine Cookies and Crackers

Large shipment just received

Quaker Products

New Season's Citron, Lemon Peel, Oranges, Raisins, Prunes, Dates, Almonds, Brazil Nuts, and Figs

Just received a large shipment of Fine Candy. Try a pound of our fine

Chocolates, per lb.....45c

A large variety of Fresh Fruits, Vegetables

We invite you to come in today and sample cake made from—



Demonstration All Day

Special—5 lbs. Lytona Baking Powder Usual price, \$1.45 \$1.00

Fresh Spinach

Green Corn

We offer today only to introduce to your notice our new slicing machine, one pound Swift's Premium Bacon sliced as you wish it. (Usual price 60c) per lb.....40c One pound Sliced Dried Beef. (Usual price 80c), per lb.....60c Limit 1 pound to each customer

Swift's Premium Hams—special for today, lb.....35c Swift's Silver Leaf Lard—5 lbs.....\$1.00 10 lbs.....\$2.00

We always stock and recommend Swift's Premium Hams and Bacon

Woolworth's 5-10-15c Store

SPECIALS FOR TODAY ONLY, WHICH INCLUDES OUR ANNUAL OCTOBER SALE

Specials for 10 a. m.
Pure Can Sugar—2 lbs.....15c
No. 2 cans Early June Peas.....10c
Skinner's Macaroni—2 for.....15c
Old Dutch Cleaner—2 for.....15c
C. & P. Naphtha Soap—bar.....05c
China Cups and Saucers, complete.....15c
Alpha Silverware—each piece.....15c

Specials for 1 p. m.
Libby's Canned Milk—2 cans.....15c
No. 2 cans Iowa Sweet Corn—can.....10c
No. 1 1/2 Red Can Karo Syrup, White.....10c
Lava Soap—2 bars.....15c
6 1/4 oz. roll Toilet Paper—2 rolls.....15c
Special Butcher Knives, each.....15c
Gold Band Crockery—each.....15c

We reserve the right to limit each special to customers